



# PAGE FREE CLINIC

## Celebrating 10 Years!

Free healthcare services to Page County Residents without health insurance.

Offering office visits, basic lab work and a Prescription Assistance Program every **Tuesday 4 to 7 pm.**

Also Diabetes Support, Women's Health, Behavioral Health and Dental Health Services by appointment.

Luray Location is at **732 East Main Street, Luray**

### Your Community...

Did you know that almost 1 in 6 people in Page County doesn't have health insurance?

### DONATE TODAY

**Please know your donation is needed now more than ever as COVID-19 has also impacted donations to non-profits.**

PFC is a nonprofit 501C3, making YOUR donation tax deductible while helping us keep the clinic open!

Please help us help others in our community.

Send Donations to:  
PO Box 45, Luray, VA 22835  
or donate online.

### Page Free Clinic

732 East Main Street, Luray  
540-743-1054  
[www.pagefreeclinic.org](http://www.pagefreeclinic.org)  
Email: [pagefreeclinic@gmail.com](mailto:pagefreeclinic@gmail.com)

### A NOTE FROM THE BOARD PRESIDENT:

Dear Page Free Clinic Supporters and Community Members,

In 2010, with the vision, leadership and commitment of Dr. Arsheeya Mashaw, the Page Free Clinic opened to serve our uninsured local population. During the last ten years, the clinic has charted almost 7,000 visits to more than 1,700 Page County residents. Over \$600,000 in medication assistance has been provided. Women's health is serving about 150 patients. Diabetic education reaches about 54 patients who receive one on one education and roughly 140 patients receive dental services since the inception of the programs in 2018. Despite many unpredictable challenges, we have persevered and expanded services, thanks to a stellar volunteer staff and generous donations from our community.

The last five months have been strange and uncertain times for the Page Free Clinic, as I am sure they have been for all of you. Consequently, though we always appreciate the kindness and generosity we have been historically fortunate to receive, the support this year has been especially meaningful to us. On behalf of the Board and clinic staff, I convey our heartfelt thanks to those of you who have kept the Page Free Clinic in mind during a time that has been challenging in your own lives.

Though we have modified our operations temporarily to ensure the safety of the patients and our staff during the COVID-19 pandemic thus far, I would emphasize that care has been transformed to meet the current need, not interrupted. We continue to provide primary care services, women's health, dentistry and facilitate prescription assistance for those who are uninsured and have not qualified for Medicaid under the new expansion parameters. As we learn more about COVID and how to manage the risk of exposure, we anticipate a re-expansion of services in the latter half of 2020 while being ever mindful to shift should the need arise. We hope that we are not far away from resuming mental health support services at pre-COVID levels.

Of course, we would not be able to deliver care without those of you who have been so willing to share your resources. Whether by financial donation, in-kind support, ad hoc volunteerism or simply good "word of mouth" about the services we provide, your contribution is accepted with gratitude and ensures that your fellow community members without insurance still have access to care.

Wishing you a safe and healthy fall,  
Dave Switzer

**Do us and the Earth a favor and sign up for this newsletter electronically on our website.**



# GIVE THANKS!



## Fundraising Event Planned

The Annual THANKSgiving Dinner fundraising event, generously donated and hosted by Faithbrooke Barn & Vineyards, will take place on **Thursday, November 26, 2020 at 1pm & 4pm.**

To keep the event both safe and enjoyable, two seatings, each with limited capacity and appropriate distancing and masking requirements, will be offered. For those who prefer to skip the cooking but would rather enjoy this wonderful 4 course meal at home, there will also be a new takeout option this year!

### Faithbrooke Barn and Vineyards

\$40 per person  
1/2 price for kids 6-12, free 5 & under  
Take-out available

*Further details and tickets information will be available on our website. Also, follow on Facebook. Tickets now available online at [pagefreeclinic.org](http://pagefreeclinic.org).*

## BOARD OF DIRECTORS

David Switzer, M.D.  
*President*

Catherine Grech  
*Vice President*

Philip Graybeal  
*Treasurer*

Isabel Graves

Lindi Jenkins

Lesley Lemons

David Reed

## CLINIC TEAM

Ben Dolewski  
*Executive Director*

David Switzer, MD  
*Interim Medical Director*

Amy Painter  
*Office Manager*

Cheryl Blanche NP  
Virginia Baker DO

Tina Rutt ANP-C

Angie Housden C-FNP

Abby Ellis LPN

Katherine Gregg RN

Kathy Mauck RN

*Our dedicated office personnel include Millie Gochenour, Ronnie Kauffman & Nancy Pechie*

Thank you also to volunteers Khimaira Web Hosting, Mary Russell Web Services, Neal and Liz Lewis for expert help and technical support.

## SERVICES

**PAGE FREE CLINIC'S MISSION** To provide quality medical services to those who do not have access to affordable healthcare.

### 2019 PFC Community Service Efforts:

- Total medication prescription assistance provided - \$32,393.91 to 80 patients
- Total laboratory and test assistance provided in 2019 - \$50,000
- Total free medical visits provided in 2019 703 to 267 unique patients.
- The clinic was open 48 days in 2019
- Specialties in 2019
  - 44 dental visits
  - 45 Women's health
  - 15 Counseling services through Northwestern
  - 15 Diabetes education
- **1,358 volunteer hours in 2019**

## PROGRAMS

**Diabetes Support • Women's Health Behavioral Health • Dental Services**  
office visits, basic lab work and prescription assistance.

**When visiting the clinic please know we are following all CDC guidelines.**



Follow our Facebook page and check in on our website for program updates and announcements.

## DONATE TODAY!

PFC needs DONATIONS now more than ever! COVID-19 has impacted donations to non-profits and we are no exception. Today- we must rely more on personal donations and make it easy to donate via PayPal on our website. Thank you!

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